



# ANNUAL REPORT 2021- 2022



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Sow love, reap peace  
Sow a thought,  
reap a miracle



# PRESIDENT'S MESSAGE



## **“We have come out more resilient”**

Last year has been about a lot of learning, unlearning and relearning.

I would say there were three broad challenges.

We dealt with the after effects of Covid.

Like everybody, we had to get into the online mode. But the challenges were different in our case as the parents had to be with the children during the online sessions. The numbers initially were pretty low but as the children and parents got used to the online classes, the numbers grew.

But just when the numbers grew and comfort with online medium was established, physical classes began. Many students came in.

And then the second wave came and we were back to online. Finally, when the physical classes resumed fully this year, we found that most of our children had fallen behind in their learning.

So, we restarted with them just like we do with our new admissions. There was fresh assessment for every child even though most of them have been with us for several years.

We came up with a fresh development plan and devised their entire schedule afresh. All the therapeutic and other interventions were replanned.

This also meant a lot of change for our staff. For them it has almost been like a refresher course. We had to revisit all the skills, modules etc we used earlier.

So, in some ways, it has been almost like restarting our center.

But if we look at the brighter side, it has been a kind of blessing in disguise. When a child has been with us for so many years, he/she has been in a particular schedule and intervention. Now we are looking at every child afresh and re-drawing the development plan. We have also been able to bring in new interventions.

The second challenge has been regarding our staff. Some trained staff moved on due to personal and professional reasons. When a new resource joins, there is a new learning curve and adjustments.

The last but a substantial challenge has been with our donors. While some of our older supporters continued doing so, several others got closely associated with covid programs and went away. But some new ones are looking at us. What made some donors look away from us is also making others to look at us. So, there is a churning of sorts. And whenever there is a churning, something good as well as something not so good, comes out of it.

Also, despite challenges, we have continued our work on our residential facility, though quite slowly. We were able to complete the utility and site office buildings.

So, the year, I would say has been a mixed bag of experiences-some good, some very good, some not so good.

When I look back, I feel we have come out a little stronger and more resilient in dealing with difficult situations. Here, I must acknowledge the contribution of our donors and the patience of our staff who rode these waves with us.

We are very thankful to the Creator for all his blessings small and large. We have no complaints, only gratitude!

**Rakesh Jinsi**



# ABOUT US

## Who we are

Special individuals are truly special for us.

What started as a small set up in 1995 for differently abled, is now a full-fledged center.

Since it was founded on 13 November 1995 (as a nonprofit organisation under the Societies Act, 1860) Khushboo Welfare Society (Khushboo) has been providing holistic care and multifarious services to children with mental and multiple disabilities.



## Our Vision

To have a society where the physically and mentally challenged lead a life of care, dignity and respect.

## Our Mission

Help the physically and mentally challenged to become self-reliant, realise their full potential and enhance their capabilities to the maximum possible.

## What we do

We work with special children, adolescents and grownups with special conditions such as:

- Cerebral palsy
- Down syndrome
- Autism
- Mental retardation
- Slow learners
- Spastics



## How we do it

Our work focuses on three broad areas:

- Providing relief to the families of these children by taking care of them for some part of the day.
- Provide continuum of care to these children on a long-term basis.
- Help the children to become more self-reliant through our Life skills building & Therapeutic programs.



## Where we work

We run a day care center at Gurgaon, providing a range of services.

What we thus have, is a multi-sector, multi-dimensional approach for people with disabilities, with joint effort with participation of the family members and Khushboo.



## Methodology

Every individual approaching Khushboo for care is assessed in detail by our Diagnostics and Prescriptive team comprising of Khushboo staff and specialists from renowned hospitals such as Fortis, Max, and Medanta.

Based on this assessment, therapeutic/ development needs are identified and an Individual Development Plan (IDP) is created.

Once we have drafted a development plan, the child avails one of the following streams:

- OPD
- Regular enrolment

The child is also assigned to a group based on her/his age and ability.

The center delivers its services through two programs comprising of various activities. The schedule is based on the child's individual development plan.

The programs and the respective activities are as under:

## Life Skills

- Personal care and Hygiene
- Education
- Computers
- Activities of Daily Living (ADL)
- Home management & housekeeping
- Tailoring
- Cooking & catering
- Gardening
- Arts & crafts
- Personal safety & security

## Therapeutic Services

- Physiotherapy
- Occupational therapy
- Speech Therapy
- Pottery
- Psychiatry & counselling
- Sensory Integration
- Yoga
- Performing & expressive arts (Dance & Music)
- Sports
- Organic colours from flowers



# EXECUTIVE COMMITTEE



**Mr. Rakesh Jinsi** (*President*)

An electrical engineer from Punjab Engineering College, Chandigarh (Punjab University), Mr Rakesh Jinsi has over 44 years of work experience in the automobile, Not for profit and education sectors.

Eicher, Hero Motors, Chase Manhattan, Force Motors, Tatra Trucks, New Holland Fiat Tractors, SOS Children's Villages and School of Inspired Leadership are some of the organisations where he has held leadership positions for over 21 years. He has also been a member of National level bodies such as National Human Rights Commission, National Skill Development Corporation etc.



**Mrs. Renu Maheshwari** (*Vice President*).

The founder of an association called 'Prerna' in Hoshiarpur; Punjab, Mrs Maheshwari has been into social service since the last twenty-one years. 'Prerna', worked in the areas aimed at social development and livelihood creation for families of the workmen, besides also working on health, hygiene & education. She is also very passionate about gardening & has adopted Khushboo's garden.



**Mr. Narendra Gera** (*General Secretary*).

A mechanical engineer by profession & philanthropist at heart. Mr Narendra Gera is an active Social Worker. He is also on the Board of DAV Senior Secondary School, Khandsa Road, Gurgaon. He is one of the founder members of Khushboo & also the parent of a special child.



**Mr. Pankaj Jain** (*Treasurer*). One of the founder members of Khushboo, Mr Pankaj Jain is an entrepreneur in the printing business.

As a social worker his soft spot lies with lesser privileged.



**Mr. Rajiv Gupta** (*Member*). An

engineer by profession, Mr Gupta who worked with Maruti Suzuki, is passionate about helping children with disabilities. He is also the parent of a special child.



**Mrs. Reeta Rastogi** (*Member*). A post graduate in Education and a teacher by profession, Mrs Reeta Rastogi works passionately towards development of children.



**Col. M.S. Krishnan** (*Member*).

An alumnus of Indian Military Academy Dehradun and a mathematics graduate from Delhi University, Col. M.S. Krishnan is also a decorated war veteran who took part in 1965 and 1971 wars besides Sri Lanka operations.



**Mrs. Usha Malik** (*Member*). A post graduate in education, Mrs Usha Malik has been associated with Khushboo for several years and is a sincere grassroots social worker.

He had to retire prematurely after 32 years of service, due to injuries received during active service. He now spends his time in supporting social causes close to his heart.



**Mrs. Seema Jain Krishnan** (*Member*).

A Post-graduate in Administration, Mrs. Seema Jain Krishnan, is an entrepreneur who is also deeply involved in social causes. She has been supporting Khushboo for several years.



# LIVING WITH DIGNITY: Our upcoming residential facility

## The need

A gnawing worry for the parents and families of children with special needs is the well-being of these children once the parents get old to take care of them.

The siblings or the extended family can't be expected to take the responsibility. Also, in the urban areas where families have become largely nuclear in nature with no one to fall back upon, the challenge is even bigger. Government, with its limited resources can't provide sufficient alternative care facilities.

We decided to do our bit and took a step in this direction. Because at Khushboo, we more than understand the worry of these families about future sustenance of these adults.

Land was purchased for setting up of a residential home facility for specially abled persons (SAP) for lifelong settlement. At our facility, these special individuals will be provided with care, to help them lead a dignified life, even after their biological caregivers are not there.

What started as a dream is slowly but surely taking shape.

We crossed another milestone in our residential facility project. Last year saw the completion of the security guard room, electric panel room and one staff quarter.

Hopefully with some donors believing in this special cause, more will keep getting added.

## Location

About 40 kms from Gurgaon, our facility based in Tauru, is a Municipal Committee city in district of Nuh in Mewat region of Haryana. It is a part of NCR and is one of the aspirational districts recommended by Niti Ayog.

## Goal

To provide lifelong care to people with special needs in an environment of care, love and dignity.



## Project philosophy

The residential facility will have a group of eight houses on this campus. Each of these houses will become home to 5-7 persons who live with a professional caregiver. This unit then becomes a family for life. So, each person has a home, a family and lives in a caring community. This will help each child get an environment closest to that of a biological family.

Besides the emotional support, the proposed residential facility will also provide them round the clock care under the supervision of experts. The essential staff will also stay with the persons on the campus. It will provide a range of care services which are defined as follows:

## Life skills development

1. Personal Care and Hygiene
2. Education
3. Computers
4. Activities of Daily Living (ADL)
5. Gardening
6. Arts & Crafts
7. Personal Safety & Security
8. Vocational activities such as Organic Holi colors from flowers etc.

## Therapeutic services

1. Pottery
2. Yoga
3. Performing & Expressive Arts (Dance & Music)
4. Sports

Other Therapeutic services such as Physiotherapy, occupational therapy, speech therapy, sensory integration, pshychiatry & counselling will be provided at the Gurgaon center.



## Proposed Facilities

1. A self-contained complex in about 135036 sq feet (3.1 acres) of land in a quiet location
2. Well-furnished home-units as living accommodation
3. Dispensary
4. Music room
5. Recreational room
6. Multipurpose hall
7. Conference room
8. Admin office
9. Multiple indoor and vast outdoor area for various social and entertainment activities
10. Court yard serving as play area
11. Gardening and herb culture
12. Key Staff Accommodation
13. Electricity requirement met through Solar Power
14. Water conservation through waste water recycling and rain water harvesting.



## Proposed Khushboo Campus at Tauru, Haryana

Modules	Budgetary Estimate	Item	Description	Covered Area In Sqm	Built up Area in Sqm	Rate Rs./ sqm per sqm	Amount in Rs.	Status	Phase-wise Allocation of Budget					
									Phase - 0	Phase - 1a In INR	Ph - 1b In INR	Ph - 2 In INR	Ph - 3 In INR	
M - 0	Land, Govt approval, Electricity, Water and Boundary wall	a) Land b) Boundary Wall c) Electricity and Water S. Total					Rs. 2,20,00,000 Rs. 75,00,000 Rs. 5,00,000 Rs. 3,00,00,000	Completed						
M - 1	Infrastructure Site Development, Landscape Roads, Parking, Plumbing + Electricals Infra, Ancillary bldgs. & STP	a) Site Development b) Road Infrastructure (roads and parking areas) c) Landscape & Planting (swails, ponds, trees shrubbery, orchard & farms) d) Irrigation e) Guard House, Gates & ancillary buildings f) Paths & Paving g) Electrical Infra (Excl. DG) h) Outdoor Lighting i) Plumbing Infra j) STP (decentralized & DEWATS) k) Staff Qtrs. (2 nos) on GF		0		450 2300 720 180 12000 2875 23400	Rs. 52,05,150 Rs. 53,04,000 Rs. 36,00,000 Rs. 9,00,000 Rs. 7,20,000 Rs. 41,43,750 Rs. 41,43,750 Rs. 6,84,000 Rs. 36,00,000 Rs. 16,57,500 Rs. 16,25,000 Rs. 30,00,000	Partially done Partially done Partially done Completed Partially done Partially done Partially done Partially done Partially done Partially done Partially Completed		18,21,803 26,52,000 18,00,000 4,50,000 7,20,000 12,43,125 12,43,125 2,39,400 10,80,000 1,65,750 6,25,000	7,80,773 10,60,800 3,60,000 90,000	13,01,288 7,95,600 5,40,000 1,35,000	13,01,288 7,95,600 5,40,000 1,35,000	13,01,288 7,95,600 5,40,000 1,35,000
M - 2	Solar PV - 50Kw (60,000 / Kw)	L					Rs. 30,00,000	Completed			10,00,000	10,00,000	10,00,000	10,00,000
M - 3	Family Homes (FH)	Family Home				24000	Rs. 77,04,000						77,04,000	
M - 4	FH - 4, Ground + 1st Floor	Family Home		321		24000	Rs. 84,00,000						84,00,000	
M - 5	FH - 2 & 3 - Ground Floor	Family Home		350		24000	Rs. 84,00,000						84,00,000	
M - 6	FH - 2 & 3 - 1st Floor	Family Home		284		24000	Rs. 68,16,000						68,16,000	
M - 7	FH - 1 - Ground Floor only	Family Home		182		24000	Rs. 43,68,000						43,68,000	
M - 8	FH - 5 - Ground Floor Only	Family Home		136		24000	Rs. 43,68,000						43,68,000	
M - 9	FH - 6 - Ground Floor Only	Family Home		182		24000	Rs. 43,68,000						43,68,000	
M - 10	FH - 7 & 8 - Ground Floor	Family Home		350		24000	Rs. 84,00,000					84,00,000		
	DG & Panel	Family Home		139		24000	Rs. 33,36,000						33,36,000	
		Diesel Generator					Rs. 9,75,000						9,75,000	
							Rs. 4,87,35,000							
							Rs. 11,33,18,150							
		Total Module 0 to 10								3,00,00,000	1,30,715,203	1,37,43,048	4,58,91,238	1,02,93,663
		Contingencies 2%								6,00,000	2,60,304	2,74,861	9,17,825	2,05,873
		TOTAL								3,06,00,000	1,32,75,507	1,40,17,908	4,68,09,062	1,04,99,536
		Already Spent								3,00,40,000	7300000			
		Balance to be spent									59,75,507	1,40,17,908	4,68,09,062	10499535.75
		Ashok B. Lall - Architects												Rs. 7,73,02,013

Note: Keeping in view the inflation the budget estimate of the recent cost has been changed accordingly

# BRIGHTENING UP HIS WORLD WITH HOPE

A contagious smile shows up on her small face as she talks of her first born. “My Ravi is the light of my life,” she says with a mother's pride.

Saroj Bai Patel is a petite woman who smiles often, laughs at jokes and exudes positivity. The thin frame holds more strength than is visible to the eyes.

The now 30-year-old, still remembers the still afternoon when Ravi was born. She had just turned 18 and had seen some Hindi movies. But unlike any of the movies she had seen, she didn't see her child cry, he wasn't brought to her to set her eyes on, with love and hold gently.

Instead, unlike the movies she had seen, there was panic in the labour room the young woman couldn't understand, between her exhaustion and the chatter.

“Ravi didn't cry for ten minutes after he was born. That is when the brain was affected, a doctor told me years later,” she shares.

Three days after Ravi Shankar (who she lovingly calls Ravi) was born, like a lot of other children, he developed jaundice. He got worse and had to be put on oxygen for a few days.

Being a young mother who had grown up in Pisid village in Chhattisgarh, she knew little about growth milestones for a baby. That he was a chubby baby, made them believe her and her husband believe, their little boy was taking a little longer than others to do things.

It wasn't until three, when he began sitting a little with assistance. He somewhat crawled only by the time he was four. Saroj Bai thought her little one was taking his own time doing things until a doctor told her he was a special child.

He was diagnosed with cerebral palsy, a name too big for the parents to understand. What they did understand was their child wasn't like other children and he would never be.

It wasn't an easy news to handle. “I just thought he was taking his own time to do things, I didn't know there was something more to it”, she says.





## A ray of hope

Ravi Shankar was seven years old when he moved with his parents to Gurgaon.

His father Ram Narayan Patel, got a job as a peon in an office while his mother took care of him and a younger brother, Nirendra.

It was during a visit to a homeopath that the family learned of Khushboo. The next day, they were in the center.

“It was a great sense of relief and hope I got when I saw so many other children like my son. They were doing their own things, taken care of with so much love by the teachers. I couldn't believe my eyes,” Saroj Bai says.

The next day, the parents dropped him to Khushboo.

It has been five years since Ravi Shankar, has been with Khushboo and they can't be thankful enough.

Not only has he begun assisted walking but also learnt to speak some words.

So, when he finally called his parents Ma and papa, three years after he joined Khushboo, they couldn't believe their ears. “I can't put the joy I felt the first time he called me Ma” says Saroj Bai.

## A guiding force

Ravi's journey has been anything but easy but Khushboo has been a steady guiding force in the lives of this migrant family from Chhattisgarh with extremely limited means.

From teaching to therapy to a host of activities, there is everything that Ravi Shankar, now 12, uses to work towards the hope to becoming independent.

His teacher for three years, Suman Saini says when Ravi Shankar joined Khushboo, he didn't have a grip. “Today he can draw lines. He can also recognise up to ten things in the classroom. He is a happier child, for sure.”

His social skills are also showing marked improvement.

Something that his father swears by. “Earlier he used to be quietly lying down, now when I come back from office, he wants to play with me. He can not only recognise but also separate vegetables, if we mix them. He also likes to go out to the park and observe.”

For Monika, his teacher, now, it is a feeling of great joy to see him get all excited about sports. “He loves to pass the ball around. And there is not a single game, he will miss observing. He also enjoys finger painting and colouring,” she shares.

And even though his vocabulary is limited, he does show anger when another child doesn't listen to the class teacher.



## Stepping stones

For Dr Priyanka Kalra, Ravi's chief physical therapist, Ravi's story is a story of hope.

“When Ravi Shankar came to us, he had no neck control, no sitting balance and no control over his body. Now when I see him walking using assistance like AFO & walker, I hope, I can see him becoming completely self-dependent which is our ultimate aim at Khushboo, for any child.”

Dr Kalra also sees a marked difference in his speech. She made him count while helping him exercising and she believes that has helped him a great deal.

What has helped most definitely she says is the joint effort of teachers, therapists and parents.

“I must mention that the parents who are disciplined with child at home makes a significant difference in child's overall growth and development!”

Thankfully, the family along with Khushboo, were very proactive in Ravi Shankar's schedule even during Covid lockdowns.

So, while other teachers took their online classes, Dr Priyanka, also stuck to her schedule and showed and explained stretching and strengthening exercises to Ravi Shankar. “I worked on releasing his right muscles specially hamstrings, gastrocnemius & quadriceps. He started walking for more duration and with more enthusiasm,” she shares.

Since Ravi's love for playing balls is an open secret, the therapists also introduced therapeutic ball play activities to attain standing balance & coordination.

Ravi Shankar's occupational therapist at Khushboo, Dr Lalit Kumar says he sees Ravi striving to move.

“He still has muscle weakness, muscle tightness and fearful dependant walking. But the good thing is that his kneeling to half kneeling and half kneeling to standing is improving, his drooling has also improved so has his muscle strength,” shares Dr Kumar.

Since his parents are also proactive, he is hopeful of seeing Ravi Shankar walk with confidence, one day. We hope to see that that too!







### Family's Pride

"When someone loves your child like their own, it means so much. That kind of love and care I have seen at Khushboo. They have been nothing short of a miracle in my life. It is because of them that I finally heard the sweetest sound in the world-my first born, calling me Ma," says Saroj Bai Patel.

In fact not just ma, he can also say bhai and papa.

From having no neck control to finally being able to walk, her son, Ravi Shankar Patel, has come a long way.

The once reclusive withdrawn child is also so much more social. "He likes to go out with us to the park and market. At other times when someone else is going out, he needs only one thing from the market, a red ball," chuckles his mother.

His father Ram Narayan Patel's heart fills with joy when he comes back home tired from work and his son brings him water to drink. "I could only dream of this, a few years back. Today it is reality, thanks to Khushboo."

In fact, not only does Ravi Shankar bring his father water, he also insists his father to play with him.

His younger brother, Nirendra, 7, might be younger in age but has to play the big brother. "I teach Bhaiya, 1,2, sometimes A, B, C, D and also make him colours. Sometimes when he gets angry, I get him to calm down saying we will play his favourite game, passing the ball. I love my Bhaiya," says the young boy.

For Ravi Shankar's father, he finally sees his child happy and enthusiastic. "I know Khushboo will only make him happier and more independent."





# INFRASTRUCTURE & FACILITIES

The journey, they say, is as important as the destination. In our effort to make our children reach the goal of self-reliance, we also want them to enjoy their journey of learning. Our infrastructure and facilities have been built with this simple yet crucial thought in our minds.

Our infrastructure and facilities therefore, are a testimony to our commitment to providing the best to our special children.

Haryana Government was kind enough to allot us 0.4 acres, land from where Khushboo operates. Our campus has a 17,424 sq ft of built-up area. The building has been designed with care and love to have easy accessibility and meet the needs of our special children. The building has the following:

- Large airy and natural light lit rooms
- Wheel-chair friendly ramps
- Automatic sliding doors
- Wide staircases with easy to hold side-railings
- Big, steel, water dispensers on each floor
- Disabled friendly toilets near classrooms
- Open area for sports and recreation activities

At Khushboo, we are always working towards improving our services. So, from new amenities, modern machines to the latest technology, innovative teaching aids and more, we aim to get the best for the children. The simple idea is to make learning more effective while keeping it easy and fun.





Our present facilities are detailed as follows:

## PHYSIOTHERAPY AND GYMNASIUM

This section comprises of:

- Muscle stimulator
- Microsoft Xbox
- Kinect game console
- Trampoline
- Therapeutic exercise balls
- Balancing boards
- Dumbbells
- Weight cuffs
- Parallel bars
- Walkers
- Rollators
- Motorised and manual wheel chairs
- Full-body vibrator (an extremely useful machine imported from Netherlands)
- Bench press for weights
- Tilt table
- Standing frame



## OCCUPATIONAL THERAPY (OT) WITH MULTI SENSORY INTEGRATION ROOM

This facility comprises of the following:

- Sensory integration room
- Leg boards
- Dart boards
- Balance boards
- Hip rotator
- Tread mill
- Textures mats



## AUDIOMETRY LABORATORY

This state-of-the-art facility with a sound proof room has the following:

- IHS ABR System (BERA)
- Audiometer
- Oto acoustic emissions
- Tympanometer
- Video otoscope
- Portable audiometer
- Speech training software - Dr. Speech



## COMPUTER LABORATORY

This facility is housed in a bright room and is equipped with:

- Six computers
- Special Mouse and key boards to meet the needs of the children.







## SPECIAL TEACHING AIDS

Communication and Assistive Technology (CAT) Unit:

We take pride in having the first of its kind unit in India, in collaboration with Ash Field Academy, UK. This is an impactful intervention to provide transformative and learning experience to children suffering from learning disorders, cognitive dissonance and communication motor impairments and comprises of:

- Interactive White Boards
- Special software for teaching
- This intervention is unique because of its transformative learning experience, which helps children them to work on overcoming their communication and motor impairment

Besides CAT, we have smart boards and other interactive teaching aids.



## TRANSPORT FACILITIES

A total of five self-owned vehicles pick up the children from their homes and drop them back after the center closes for the day. All our drivers and attendants have been made aware of the home routes of each child. To ensure safety compliance, all our vehicles are equipped with:

- Safety belts
- CCTV
- GPS tracker
- AC
- Side handles/ Boarding handles
- An attendant in the bus throughout the journey
- Licensed and skilled drivers



# EVENTS, CELEBRATIONS & PROFESSIONAL ENHANCEMENT

## Republic day

**January 25, 2022:** We didn't let operating in online mode hamper our tradition of celebrating Republic Day. Mr. Vijay Pal, Director - Programs, in the presence of all the staff members hoisted the National Flag at Khushboo. Our children added fervour to the celebrations by their lively cultural performances.

## Basant Panchami celebrations

**February 05, 2022:** All the staff and children participated in Saraswati Puja organised to celebrate Basant Panchami. The importance of the traditional Indian festival was shared with children.

## Women's day

**March 08, 2022:** Women are a very crucial part of Khushboo and we didn't want to miss the opportunity to celebrate their presence in our lives. We had a beautiful celebration with Dr. Saroj Suman Gulati, Director, Blue Bells Group of schools as the chief guest.

## Holi fervour

**March 16, 2022:** We all know children love colours. How could we miss celebrating this unique festival with our children. A cultural performance and colours made Holi Celebrations so special at Khushboo.

## Farewell

**March 26, 2022:** How do you bid farewell to someone who has worked with love and dedication for the organisation for 25 years.

With a lot of love of course. We bid a warm farewell Mr. Umir Singh who worked as a dedicated driver. Khushboo wishes him a happy and comfortable retired life.





## Independence Day

We celebrated Independence Day on August 13, 2021 at the Centre. National Flag was hoisted. A Cultural performance was given by the children.

## State Championship Online Dance Competition

**September 17, 2021:** Like most children, our children love to dance. Concern India Foundation gave them a beautiful opportunity to do it with an online dance competition. Our children participated in group dance, solo dance as well as solo song.

## Colouring their world

**March 24, 2022:** A total of 13 children participated in SPLASH, an online painting competition organised by concern India Foundation. Our following children won positions in 6-12 and 12-20 years categories:

While Harsh Dahariya, Aryan, Rishab and Komal bagged 1st, 2nd, 4th and 5th positions respectively in the 6-12 years category, Manish and Alisha Joseph Rose won 4th and 5th positions in the 12-20 years category, respectively.

## Children's day

Sports competitions, singing, and dancing were some of the things that brought wide smiles to the faces our children on Children's Day. enter by doing.

## Disability day

Joy multiplies when shared, they say. We witnessed it for ourselves when students of SGT University came to celebrated Disability Day with our students.

The university students organised some engaging performances for our children. Our students joined them in dancing and had a wonderful time.

## Project Discovery results and prize distribution

Another feather in the disability day celebrations was added by ei - labs when they declared their results for the project discovery. We bagged the 3rd position and won a cash prize of Rs. 25000.

## Christmas celebrations

The yuletide spirit was celebrated with enthusiasm at Khushboo. Children participated in Christmas carols and dance.





## Sports

### State championship of power lifting

Special Olympics Bharat organised State Championship of Power Lifting at Tau Devi Lal Stadium. Four of our children did us proud by participating in it.

### TT State championship

Our shining star, Agniv Nandi won a silver medal at State Championship of Haryana in Table Tennis.

## Meetings, Training & Workshops

### HSSPP holds meeting

April 12th, 2021: Haryana School Shiksha Pariyojna Parishad (HSSPP) organised a meeting regarding enrolment of differently abled children in nearby Government schools. The meeting was attended by Khushboo staff, Mrs Shashi Bala (Program Supervisor).

### Multimedia Workshop

**February 15, 2022:**

Nothing helps like practical knowledge. To equip our children with a better understanding of multimedia, we organised a round table discussion on the art and design of books with AIMS Media, Delhi. This discussion was to add value to our existing program.

### AGM

The Annual General Meeting was held on 17th of October 2021 month to review Operational Activities and Annual Accounts for the year 2020 - 21. Elections were also held to form new Executive Committee. Mrs. Seema Krishnan was added to the incoming Executive Committee.







## Site visits

### Visit of DSW and CMO Office February 09, 2022

Officials from DSW office and CMO Govt. Hospital Gurgaon, visited Khushboo to see how we operate the Centre. Besides showing them our facilities, Mr Vijay Pal, Director Program also briefed the guests about the various activities post Covid.

### Disability identification and awareness camp

A disability identification and awareness camp was held at our residential project site, Tauru. The prime purpose of the camp was to establish a relationship with local people. A total of 49 differently able children and individuals came to the centre out of which, 18 children and adults with different disabilities were attended to by our staff.

## Visit by Team Asha

May 6th, 2021: Team Asha for Education came for a visit to Khushboo. Not only did they interact with the children but also parents, therapists and educators. "It was truly inspiring and amazing to see Khushboo pushing its boundaries to continue to impart its services, despite the challenges given the current circumstances." We on our part, were only too happy to get such involved visitors.

## Barbeque Nation Visit

Nine of our children with staff attended the inauguration ceremony of Barbeque Nation's new outlet in Sector 66, Gurgaon

## Staff Training

### Webinar on Autism Care February 23, 2022

Dr. Lalit Kumar (Occupational therapist) in association with Prishni conducted a webinar on Autism Care. The webinar was not only for the parents and care givers of Khushboo but was for other parents also.

## **Workshop on ADHD**

**February 26, 2022:**

An engaging workshop was conducted by Dr. Lalit Kumar (Occupational therapist) on Attention Deficit Hyperactivity Disorder (ADHD). He also conducted handholding Training for rehabilitation team on Occupational Therapy and activities, treatment and strategies used in different conditions.

## **Webinar On Teaching and Learning**

The National Trust organised a virtual seminar on 'Teaching and Learning Material (TLM) for Persons with Intellectual and Developmental Disabilities (PwIDDs). Our educators and therapeutic staff attended the training and had several takeaways.

## **Visit to the School for the Visually Impaired**

An exposure visit for the staff was organised to Captain Chandan Lal Special Middle School for Blind, Berhampur, Gurgaon.

## **Music Therapy webinar**

Mr. Dilip Mani – Music Therapist and healer held an engaging webinar on Aggressive Behaviour in Adults and Children with Disabilities and Music Therapy. The seminar was well received by our staff members.

## **Virtual Meeting with National Trust**

May 26th, 2021: National Trust organised a virtual meeting of its registered organisations of Chandigarh, Haryana, and Punjab. Many issues related to disabilities covered under the National Trust were discussed.

## **Remembering Sonali Didi**

June 20th, 2021: A virtual prayer meeting was organised to remember our beloved Mrs. Sonali Savakoor, a founder member of Khushboo. Late Mrs Savarkoor passed away on May 7 2021 leaving behind, a void in our lives.

## **Legal Guardianship support**

Khushboo as an NGO member of the Local Level Committee (National Trust) for the District Gurgaon helped five eligible applicants to get the Legal Guardianship Certificate. During this process Khushboo guided the parents about the documentation. Post documentation a home visit was done to ensure the authenticity.

## **Prishni holds online meeting**

Prishni, an online consultation platform (prishni.in) arranged an online meeting. Organise by ei – labs, Prishni briefed us about their online platform that aims to bring niche therapies and education solutions to the parents of children with special needs to improve their learning needs and outcomes.







# OUR PROGRAMMES

Our services are the backbone of our work at Khushboo. With our Life Skills Development and Therapeutic services, we aim to help enhance the quality of our children's lives.

We provide our services through two programmes:

## 1. Life Skills Development (LSD)

Activities which come easily to most individuals, pose huge challenges for special children. These include the following:

- Performing activities of daily living
- Cognitive skills
- Mobility
- Body awareness
- Communicating & following instructions

To this end, we work with children in the following areas to teach them skills which enable them to handle personal needs on their own.

- Activities of Daily Living (ADL)
- Interpersonal skills
- Personal safety and security
- Home management & housekeeping
- Cooking & catering
- Education (3 Rs-Reading, writing & arithmetic)
- Computers
- Gardening
- Art & craft



**a) Activities of Daily Living (ADL):** Children are taught to do the following routine activities on their own.

- Eating
- Bathing
- Dressing
- Toileting
- Personal care and hygiene
- Getting in and out of bed or chair easily (transferring)
- Controlling bladder and bowel movements (maintaining continence)
- Unbuttoning clothes
- Filling water can
- Washing clothes
- Identifying toilets of their gender
- Managing time etc

**b) Interpersonal Skills:** Interpersonal skills are crucial for getting around in the world. At Khushboo, we look at helping our children to develop their social skills so that they can do the following:

- Ask for assistance
- Make new friends
- Communicate clearly to have their needs addressed
- Hold conversations with friends and family
- Give their opinions

**c) Personal Safety and Security:** Given the challenges of personal safety and security for every child in today's times, the risks are even higher for special children. At Khushboo we aim to equip our children for them to be able to learn the following crucial aspects of personal safety and security:

- Understand the kinds of risks they may face
- How to avoid tricky/unsafe situations
- Awareness on personal safety
- Sense of right conduct
- Deterring unwelcomed behaviour
- Difference between good and bad touch
- Safety precautions from fire, or sharp instruments such as knives or scissors





**d) Home management and housekeeping:** Being independent is an extremely crucial skill for everyone. The story is no different for special children. Performing household tasks not only helps these children build their abilities to work on their own but also assist their families.

This, in turn not only helps in building interpersonal relationships but also helps children gain self-worth and respect from their families. Amongst other skills, our children learn:

- Cleaning
- Dusting
- Setting a table
- Bed making
- Ironing
- Settling cupboard
- Folding clothes
- Money management (Familiarisation with notes and coins and doing transactions while shopping)

**e) Cooking & Catering:** Children who have slightly better learning abilities are taught these skills to not just make them independent and confident but also lend a helping hand to their families.

**f) Education:** Khushboo ensures that our children learn basic academics according to their level of learning ability. The idea is also to make learning fun and the main focus is on the following:

- Colouring
- Painting
- Drawing
- Crafting waste material into useful products

### **g) Computers**

We have a computer lab and special mouses to help our children learn better. The hand eye coordination, motor skills, all are a great help in their further learning. Some of our children have also bagged awards in designing.

### **h) Gardening**

Research has time and again shown how being close to nature is good for one's well-being. When we teach our children gardening, we know it will do this, as well as help them develop a hobby and assist with better movements.

### **i) Art & craft**

An activity that children enjoy dearly. This one helps them at various levels. It gives a creative outlet to them besides of course helping with motor skills, hand eye coordination and amazing confidence.



### a) Physiotherapy:

An extremely important building block in becoming independent, physiotherapy can go a long way in helping children with their movements and help develop weak muscles. Based on the individual development, the physiotherapists plan a physiotherapy schedule for every child. The therapists work closely with each child and also assess the need for aids - such as standers, wheelchairs, or any other orthotic devices. The various interventions aim to:

- Strengthen and recuperate weak muscles through weight bearing exercises
- Enhance leg muscle capacity with standing programs
- Enable mobility with programs such as walking and the wheelchair use
- Identify and meet orthopedic needs
- Help the child and family to become familiar with the required equipment
- Conduct group sessions with other professionals.
- Advise supplementary home activities to caregivers after training them.
- Hold quarterly meetings with parents
- Assist the child reach his/her developmental milestones that requires gross motor skills, like sitting, crawling, standing, walking, jumping, kicking ball, etc.
- Facilitate to achieve the desired goals through manual therapy, frame standing, standing bars, tilt table, parallel bar training, balance training, muscle stimulator etc.

### b) Occupational Therapy with multi-sensory integration:

Developing skills that are a must for daily living is the main objective of this intervention. Designed to improve basic motor functions and reasoning skills, the program helps prevent permanent loss of functions. The intervention uses methods such as multi-sensory stimulation and integration to:

- Help eat properly through oral-motor exercises
- Teach new activities through imitation techniques
- Improve tactile sense through touch therapy sessions
- Tone up body balance through exercises like jumping, climbing stairs etc.
- Improve motor skills by picking and releasing small objects
- Improve concentration & attention through clear commands
- Cutting of flowers for improving hand- eye coordination





### c) Hearing & Speech Therapy:

Everyone likes to express. However, it doesn't come very easy to our children. This intervention helps in improving speech of the children and their ability to understand and express, including nonverbal cues.

Our therapists work to:

- Test hearing ability of children
- Assess the problems and provide treatment  
Identify difficulties in articulation, fluency, resonance, or language disorders
- Demonstrate the right sounding words and practice with children to follow the same using computer/ tablet
- Ensure proper mouth coordination to produce sounds to form words and sentences
- Help with voice volume regulation
- Address language disorders to help children express their thoughts
- Use of written, pictorial, body and sign forms to help children develop their understanding
- Practice on computers and iPads with special software applications to develop children's speech

### d) Psychiatry and Counselling

At Khushboo, counselling is an extremely crucial part of the care process. Children and parents are both counselled. This counseling, in time, helps with good family bonding. And good bonding plays a very important role in a child's rehabilitative progress. This intervention helps address the fears and needs for both, the child and the parents. Since the parents and the children struggle with challenges in everyday living, acquiring new skills also leads to improvement in the quality of the life of children as well as the parents.

The process of counselling involves:

- Understanding every child's uniqueness, identifying their strengths and their struggles
- Developing a partnership between the teachers and the parents to bring desired changes in the child
- Facilitating learning of new skills and trying new behaviours



### e) Pottery:

This unique therapeutic intervention has an amazing effect of children. Not only does it help to settle and calm the children, but also manages to help with their attention span and focus. Besides this, using one's hands on clay while the potter's wheel moves, also enhances a child's sensory development and motor skills. A pottery expert visits Khushboo to guide our children in the art of making diyas, pots, pen holders, and other clay items.

Seeing their creations, fills our children's hearts with joy and confidence.

### f) Yoga:

Where conventional treatment methods reach their limits, yoga has shown remarkable results time and gain. Children with Down syndrome and other development disability often surprise their families and teachers with quick mastery of basic motor, communication, and cognitive skills through practice of yoga.

Regular yoga leads to a greater concentration, balance, and composure in daily living. In the long run, it helps with relaxation and softening of inner tensions, body –mind equilibrium, and a feeling of positivity to help tide even the most difficult days. And this is exactly why Yoga is an important part of our curriculum.

At Khushboo we ensure children practice yoga asanas (postures), pranayam (breathing exercises) and listen to meditative music – using phonetics for healing for an hour each day. A yoga teacher oversees the session and conducts different asanas beneficial for each individual case. After the session, children clean their yoga mats and keep them neatly rolled for the next class.

### g) Performing and Expressive Arts:

Dancing and singing has been an integral part of human society. It is a great way to bond and has brilliant health benefits. For our children, dance and music is focused on for being a fun way to encourage muscle movements and greater joint mobility. This dancing and singing not only helps improve muscle tone, spatial awareness, and kinesthetic sensation, but also facilitates with social skills. The endorphin boost is an added advantage for sure.

These activities are specially tailored to meet individual needs, capabilities, and have the highest level of participation- so much that children eagerly look forward to these sessions.

### h) Sports:

A new sports program aimed at "Learn while playing" was introduced with the help of an expert. The programme enables children to learn things like following instructions, waiting for their turn, develop alternate solutions etc. This has further enhanced the confidence level of the children. Apart from this, children with better skills are provided with special coaching to participate in competitive sports. Some of our children have done us proud by winning prizes at National and International level competitions.







## RESOURCE MOBILISATION

Different years, bring with them different experiences.

Last year brought with it, a new challenge for us. Since the funds we raised were less than our expenses, we have had to dip into our savings. Not an ideal situation, we know, but sometimes we simply have to give in to the need of the hour. For us, that need was urgent and crucial because we can't afford to let our children miss out on their learning and growth.

The situation of Covid was an unprecedented challenge we all faced together. Some of our donors moved out because they decided to focus on Covid related issues. While it did create challenges for us but we respect their decision and hope they would again support us in the near future.

We thrive on hope and faith and we see some coming our way, in the form of few new donors who have promised their support to Khushboo.

Despite funds constraints, we did considerable work on our residential facility and we are hopeful that we will be able to raise funds and the work will pick up this year.

We are happy to share; the total fund raised between April 2021 to March 2022 was INR 90,14,963.

This year we hope and pray, will be better than the last one.

# OPERATIONS OVERVIEW

## Beneficiaries

The status of beneficiaries is as follows:

Projects	April 1, 2021	March 31, 2022
Regular	113	96
OPD	16	12

- During this period, 29 children left and 11 new children joined us.

## Attendance

Attendance continues to be our focus area; the figures as compared to last year are shown in the table below:

Year	April	May	June	July	August	September
2020-21	Lockdown		Summer Break	84%	84%	78%
2021-22	72%	Summer Break	50%	40%	50%	68%

Year	October	November	December	January	February	March
2020-21	76%	68%	72%	56%	72%	54%
2021-22	82%	92%	98%	60%	83%	88%

## Therapeutic Services

Activity	Children	No. of Sessions Apr '21 to Mar '22
Physiotherapy	224	1161
Occupational Therapy	281	1202
Speech Therapy	15	25

## Human Resources

April 1, 2021	March 31, 2022
40	37

**Males: 18    Females: 19**

During the year 2021 - 22

- New employees 02
- Employees Left 05

The reasons for leaving were as follows:

- Retired 01
- Personal / Family Issues 02
- Got Govt. Service 02



# FINANCIALS

Khushboo Welfare Society Sector - 10 A Gurgaon Balance Sheet as on 31.03.2022				
S. No.	Particulars	Note No.	As On 31.3.2022	As On 31.3.2021
<b>I</b>	<b>EQUITY &amp; LIABILITIES</b>			
	<b>RESERVE &amp; SURPLUS</b>			
	General Reserve	1	67,056,886.00	61,723,535.63
	Income over Expenditure	2	(3,182,841.00)	5,333,349.79
	Corpus Fund	3	9,185,506.00	9,185,506.00
	<b>Current Liabilities</b>			
	Sundry Creditors	4	272,180.00	60,489.00
	Expenses Payable	5	739,128.00	676,667.70
	Other Current Liabilities	6	55,518.00	56,042.12
	<b>TOTAL</b>		<b>74,126,377.00</b>	<b>77,035,590.24</b>
<b>II</b>	<b>ASSETS</b>			
	<b>Non Current Assets</b>			
	Fixed Assets	7	56,113,486.00	52,284,394.66
	Work in Progress (Building @ Tauru, Haryana)		-	1,675,222.00
	<b>Investment</b>			
	Mutual Fund	8	14,754,748.00	16,502,944.00
	<b>Current Assets</b>			
	Fixed Deposits		-	-
	Sundry Debtors		-	-
	Cash and Cash Equivalents	9	2,983,780.00	4,403,816.58
	Short Term Loans and Advances	10	274,363.00	2,169,213.00
	<b>TOTAL</b>		<b>74,126,377.00</b>	<b>77,035,590.24</b>

## AUDITORS REPORT

As per our report in Term Of Section 12 A(b) of Income Tax Act, 1961

For N.K.S Chauhan and Associates  
Chartered Accountants  
FRN : 013940N

CA N.K.S CHAUHAN  
Partner

UDIN:

Mem No. 088165

Place: New Delhi

Date: 01/08/2022

UDIN: 22088165A0BXXT6991

For KHUSHBOO WELFARE SOCIETY

President

Treasurer

**Khushboo Welfare Society**  
Sector - 10 A Gurgaon  
**Statement Of Income & Expenditure for the period 01.04.2021 to 31.03.2022**

S. NO.	Particulars	Note No.	For the year Ended 31/03/2022	For the year Ended 31/03/2021
<b>I</b>	<b>INCOME</b>			
	Donation, Grant, & Membership Fees	11	9,014,963.00	17,451,945.75
	Interest Income	12	45,954.00	105,518.00
	Other Income	13	1,116,345.00	1,059,523.38
	<b>Total Income (A)</b>		<b>10,177,262.00</b>	<b>18,616,987.13</b>
<b>II</b>	<b>Expenses</b>			
	Craft Expenses		-	192,242.00
	Transportation Expenses	14	426,829.00	209,584.00
	Employees Benefit Expenses	15	8,419,567.00	8,625,335.15
	Depreciation Expenses	7	3,537,773.00	3,489,375.79
	Other Expenses	16	975,934.00	767,100.19
	<b>Total Expenses (B)</b>		<b>13,360,103.00</b>	<b>13,283,637.13</b>
<b>III</b>	<b>Excess of Income over Expenditure (A-B)</b>		<b>(3,182,841.00)</b>	<b>5,333,350.00</b>

**AUDITORS REPORT**

As per our report in Term Of Section 12 A(b) of Income Tax Act, 1961

For N.K.S Chauhan and Associates  
Chartered Accountants  
FRN : 013940N

CA N.K.S CHAUHAN  
Partner  
UDIN:  
Mem No. 088165  
Place: New Delhi  
Date : 02/08/2022

UDIN:22088165A0BXXT6991



For KHUSHBOO WELFARE SOCIETY

President



Treasurer





**Khushboo Welfare Society**  
Sector - 10 A Gurgaon  
Statement Of Receipts & Payments for the period 01.04.2021 to 31.03.2022  
Receipts and Payments

Particulars	Schedule No	2021-22	2020-21
Opening Balance		4,403,817	4,218,409.43
Bank Accounts		4,398,097	4,213,589.71
Cash-in-hand		5,720	4,819.72
<b>Receipts:</b>			
<b>Current Liabilities</b>		<b>14,000</b>	
Corpus Fund		-	-
Provident Fund Payable		-	-
Sundry Creditors	1	4,000	-
Tds Payable		10,000	-
<b>Current Assets</b>		<b>2,070,506</b>	<b>41,180.00</b>
Fd with Union Bank		-	40,000.00
Receipt on Sale of Furniture		322,310	-
Opd Charges Receivable		-	-
Tds		-	1,180.00
Mutual Fund		1,748,196	-
<b>Indirect Incomes</b>		<b>10,149,158</b>	<b>16,124,043.13</b>
Profit on Mutal Fund		251,804	33,502.23
Dividend on Mutual Fund		4,185	2,193.15
Donation	2	9,014,963	15,451,945.75
Intrest	3	46,150	105,518.00
Misc Receipts	4	96,357	20,584.00
Transport and User Charges	5	735,700	510,300.00
<b>Indirect Expenses</b>		<b>1,450</b>	<b>19,866.00</b>
Vehicle Operation Exp.		-	-
Admin and Management Exp.		1,450	-
Employee Cost		-	19,866.00
Programme Exp.		-	-
<b>Nett Receipts</b>		<b>16,638,931</b>	<b>20,403,498.56</b>
<b>Payments:</b>			
<b>Current Liabilities</b>		<b>13,412,502</b>	<b>11,685,533.08</b>
EDLI Admin Charges @ 0.01		-	-
EDLI Contribution @ 0.5 %		26,517	28,107.04
Employee PF Contribution		636,267	645,707.00
PF Admin Charges 0.50%		26,518	28,107.04
Provident Fund Payable		660,933	645,707.00
Salary Payable		6,719,968	7,159,124.00
TDS Deduction		111,446	101,331.00
Tds Payable		69,001	67,182.00
Sundry Creditors	6	5,034,785	3,010,268.00
Arrears Payable		127,067	-
<b>Fixed Assets</b>		<b>3,700</b>	<b>2,324,000.00</b>
Land		-	-
Vehicle		-	2,324,000.00
Work in Progress		3,700	-
<b>Current Assets</b>		<b>3,900</b>	<b>1,911,857.00</b>
Loans & Advance		3,900	1,870,744.00
Fd with Corporation Bank		-	20,000.00
TDS		-	3,683.00
TCS		-	17,430.00
Sundry Debtors		-	-
Mutual Fund		-	-
<b>Direct Expenses</b>		<b>-</b>	<b>-</b>
Honorarium-Daily Basis		-	-
Mediclaim Exps		-	-
<b>Indirect Incomes</b>		<b>10,396</b>	<b>-</b>
Profit on Mutal Fund (Loss)		-	-
Funding		-	-
Transport and User Charges	7	10,200	-
Interest		196	-
<b>Indirect Expenses</b>		<b>224,653</b>	<b>78,291.90</b>
Vehicle Operation Exp.	8	13,049	2,213.00
Admin and Management Exp.	9	41,799	19,546.98
Employee Cost	10	39,868	52,779.92
Programme Exp.	11	4,860	3,752.00
Utility and Communication		125,077	-
<b>Nett Payments</b>		<b>13,655,151</b>	<b>15,999,681.98</b>
<b>Closing Balance</b>		<b>2,983,780</b>	<b>4,403,816.58</b>
Bank Accounts		2,979,062	4,398,096.86
Cash-in-hand		4,718	5,719.72

**AUDITORS REPORT**

As per our report in Term Of Section 12 A(b) of Income Tax Act, 1961

For N.K.S Chauhan and Associates  
Chartered Accountants  
FRN : 013940N

CA N.K.S CHAUHAN  
Partner  
Mem No. 088165  
Place: New Delhi  
Date : 01/08/2022

UDIN: 22088165A0BXXT6991

For KHUSHBOO WELFARE SOCIETY

President

# GOVERNANCE & COMPLIANCE

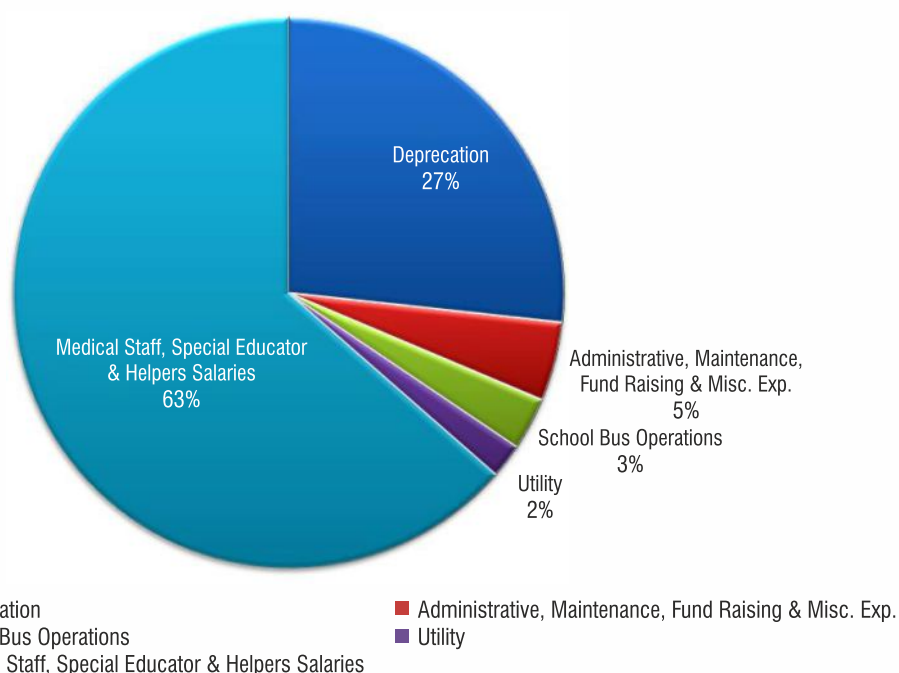
## Distribution of employees according to remuneration levels.

	Name	Designation	Annual Remuneration (in Rs.)
Highest Paid Person in the Organization	Vijay Pal	Director	9,28,200
Lowest paid person in the Organization	Gulshan Khatun	Helper	98,280

Gross monthly remuneration plus benefits (Rs.)	Male	Female	Total
<5,000	0	0	0
5,000-10,000	1	5	6
10,000-25,000	7	6	13
>25,000	4	4	8

No. Of Executive Committee (Governing Board) members receiving remuneration	None
Expenditure on Foreign Travel incurred by Executive Committee members, Employees or Volunteers	0
Expenditure on Inland Travel incurred by Executive Committee members, Employees or Volunteers	0
No. of the executive Committee members related to each other	None

## Total Expenditure 2021-22





# EXECUTIVE COMMITTEE

## Meeting Details

S.N.	Name	Age	Sex	Position in Committee	Occupation	Area of Competency	No. of Meeting Attended
1.	Mr. Rakesh Jinsi	67	M	President	Management Consultant/ Coach & Mentor	Strategy Management, Operations & Fundraising	03
2.	Mrs. Renu Maheshwari	64	F	Vice - President	Social Worker	Training	03
3.	Mr. Narender Gera	63	M	General Secretary	Industrialist	Operations	02
4.	Mrs. Reeta Rastogi	72	F	Joint Secretary	Teacher	Training	01
5.	Mr. Pankaj Jain	68	M	Treasurer	Businessman	Administration	03
6.	Col. M. S. Krishnan	78	M	Executive Member	Retd. Army Personnel	Administration	01
7.	Mr. Rajiv Gupta	65	M	Executive Member	Management Consultant	Operations	02
8.	Mrs. Usha Malik	67	F	Executive Member	Social Worker	Vocational Skills	03
9.	Mrs. Seema Jain Krishnan	51	F	Executive Member	Entrepreneur	Administration	00

### Registrations & Accreditations

The society is registered with / Recognized / Approved by:

- Registrar of Societies under Societies Act, 1860
- Persons with Disability Act, 1860
- Foreign Contributions Regulation Act (FCRA)
- National Trust Act, 1999
- Registration u/s 12 of IT Act
- Exemption under 80G of IT Act
- Charities Aid Foundation (CAF)
- Give India
- Credibility Alliance
- Darpan Portal, Niti Aayog
- Ministry of Corporate Affairs
- Guide Star India Transparency Key



# DONOR TESTIMONIALS

I wish to put on record my sincere appreciation of the excellent work being done by Khushboo Welfare Society.

I have been associated with Khushboo for the last 3-4 years.

I am deeply moved by the dedication and selfless working of the Khushboo staff with the mentally challenged children, making it one of the leading organisations of the country.

The financial discipline of the organisation gives me great confidence that all donations are being utilised in a highly optimised way.

I congratulate once again all those associated with Khushboo for their work and wish them continued success in future also.

With warm regards,

**Sandeep Abbi**

Past President, Lucas Indian Service Ltd



'Khushboo' true to its name, is bringing fragrance into the lives of so many special children. It is an outstanding devotion and involvement to a very noble cause, which only selfless people such as its Governing body and the dedicated employees can do. Wish you all at Khushboo lots of happiness.

**Vikram Sharma**

Past MD &CEO, Kobelco Construction Equipment India



Khushboo Welfare Society's role in supporting differently-abled children and adolescents to achieve self-reliance is truly commendable and SITA is proud to be associated with them.

We wish them all the very best.

**Dhaval Vyas**

Sr. Project Portfolio Manager

SITA Information Networking Computing (India) Pvt. Ltd.





# VOICE OF CHILDREN

## WHY I LOVE COMING TO KHUSHBOO EVERY MORNING....

Coming to Khushboo every day is one of the important highlights in the life of our children. They laugh and play with friends, go through their therapies and try to move ahead in their individual journeys, each day, one small step at a time. Hear from our children on what they love most about coming to Khushboo.

**Santosh:** With a twinkle in his eyes and an enthusiastic smile on his face, Santosh is a bundle of energy.

“He is an inquisitive child and always wants to know more. He follows instructions very well and loves to talk. He also takes lead in the class,” says his teacher, Ms Kavita.

“I enjoy coming to Khushboo. I have friends here and we play and have fun together. I love to draw. Apple, banana and the sun. My father tells me I can't go out too much in the sun because I will fall sick. So, I like to draw the sun. My teacher is nice so are my friends. I look forward to my ride to Khushboo every morning because I meet my friends and we talk about so many things on the way.” - Santosh

**Rekha:** Talkative and busy looking, that is Rekha for you. Always ready to serve with love and a smile, Rekha's teacher is all praises for her. “Rekha is a quick learner. She makes tea, chops vegetables and has also learnt to make some vegetables. She tries to help other children and sometimes is also strict with them. She is a sweet child,” her teacher Ms. Madhu says.

“My name is Rekha and I learnt to cook in Khushboo. I make tea, alu sabzi, tomato chutney and parantha. I also give food to my younger brother. My mother is very happy because I help her. I make paranthas for my younger brother when my mother is not around. When my mother is tired, I also press her legs. I have learnt so many things at Khushboo. Everyone loves me, I like being here.” - Rekha

**Manish:** Manish is a cheerful child who is always full of questions.

Like his teacher Ms. Kavita says, “Manish is a good student and really enjoys creative work. He is very courteous towards me and sometimes gets angry at other students when they don't listen to me.”

“I love to watch cricket at home and play it in the school with my friends. I also like to draw trees. Different types of trees, ones with flowers, ones with only leaves. In school I like to water plants and trees. Because when we water the, they grow and that feels good to watch. I have learnt from maali bhaiya (the gardener) on how to water them.” - Manish

**Alisha:** Shy yet enthusiastic, there is something about Alisha that will bring a smile to your face. Her neatly done hair and clean clothes are important to her.

“She is a hardworking child and very helpful towards her classmates,” says her teacher Mr Chand Veer.

“Khushboo is where all my friends are. I like to study. That is my favourite part of coming to Khushboo. I can speak A for apple till Z. I like maths as well and my teacher has taught me from 1-10.” - Alisha



# A WORD FROM STAFF

Anjana Rani Programme supervisor



**“There is a sense of purpose to life, of giving back to society and creating awareness which makes my job so special”**

When she was a young girl, Anjana Rani won an award for a lotus flower she had made. The prize was a pen and it was always special for her. Ever since then, she loves to draw and paint lotus flowers, anytime she is trying to calm her mind, find answers.

“I paint with children. It helps the children and me,” she says. As a programme supervisor at Khushboo who also teaches special children, some days when she feels overwhelmed at not getting through to any of the children, Anjana Rani paints with them. Very often a lotus or a bird find a place in her art work. One signifies knowledge, and the other, freedom.

Working with special children she says, was a calling she stumbled upon and feels lucky she did. As a college student, she gave tuitions to regular children at home while pursuing her college through distance learning.

When an uncle was visiting and spoke to her about a job for teaching special children at a school his friend had started, she decided to go give it a try. “Frankly I had never interacted with special children and it left me deeply disturbed,” she shares. She didn't return to the school next day and continued with on her tuitions.

A month later when the uncle approached her again saying his friend was still anxiously looking for a good teacher for his school, Anjana did some deep thinking. “My younger brother, I realised after the first visit to the school, was a slow learner. That is when I thought there were so many other children like him that I could help. If I can teach other children, why shouldn't I try and teach special children? I decided to do contribute in their learning, in whichever way I could,” she says.

And that was how Anjana Rani found her calling in 1993.

While she worked with her uncle' friend's school she also did a diploma in MR to be better equipped and skilled for her work.

In 1996 when she got married, one of the things, she told her future husband was her intent to keep working for special children. After her marriage she not only continued working but also did a BEd and in special education.

It was in 2006 that she joined Khushboo and the fragrance of satisfaction still fills her each day. “It is beautiful to be among these children. I feel alive. There is a sense of purpose to life, of giving back to society and creating awareness, which makes my job so special,” she says.

One of the cases she likes to talk about is the about a child whose mother only gave him pulped food. “I asked the mother to also pack a chapati with food. The mother was sure he wouldn't be able to eat, kit, she had tried for years and failed. In a month's time, with immense patience and tact, I managed to teach the child to eat a chapati. It felt so good to see the sense of achievement on the child's face and satisfaction on his mother's”, she shares emotionally.

Over the years, every day has been filled with some victories and a few lessons, all adding to her learning experience. Besides doing her Master's degree, Anjana Rani has also kept updating her knowledge, thanks to the various seminars, courses and interactions for staff planned by Khushboo. “We even travelled to UK for a 13-day field trip. It was a wonderful learning experience. We saw and learnt how to use iPads, talking bars, automatic wheelchairs etc,” she shares.

Khushboo, she says is an integral part of her life. Something she realised all the more, during Covid lockdowns. “One was stuck at home and I couldn't stop thinking about the children and Khushboo. It is like I am missing an integral part of my life.”

What she loves about her job is the sense of satisfaction it brings. “Khushboo adds more meaning to my life!”



# VOICE OF PARENTS

There is not a single day when I don't thank God for bringing Khushboo in my life.

My son Kuldeep, was six years old when he had a life-threatening accident. A bike not only hit him, but also dragged him along.

As a widow, it has been my responsibility to support my son and myself. I work as a cook in some homes. When I got to know about the accident and rushed him to the hospital, doctors were not hopeful of his survival.

With severe blood loss and damage to his brain, he was completely bed ridden, besides having lost his ability to speak and comprehend.

He is now 16 and I can't thank Khushboo enough for making him a young responsible boy.

He can eat on his own, can go to neighbouring shops and get a few things and also helps me hanging clothes that have been washed.

He still needs assistance in a few things but I see the effort everyone in the school makes each day to help him. I have endless prayers and blessings for Khushboo.

## **Rosie Miss** **Mother of Kuldeep**

Naina turned five, this year and we got to know about her autism only two years back. Since all her reports including her EEG, came out normal, it was difficult for us and some doctors to understand why she was not learning to speak.

It was quite a struggle. An adorable girl, she is hyperactive and keeps us, especially her mother, on her toes.

We became a part of the Khushboo family, about half a year back when one of our doctors guided us to Khushboo.

It a relief to see out daughter taken care of with so much love and patience.

## **Shintu Kumar Singh** **Father of Naina Singh**



# DONATION OPTIONS

## Activity Sponsorship

- Sponsorship of all activities @ Rs.61,900/- per day
- Sponsorship of Life skills development @ Rs.27,000/- per day
- Sponsorship of Therapeutic services @ Rs.24,300/- per day
- Sponsorship of Transportation service @ Rs.10,600/- per day

## Child Sponsorship

- Full sponsorship of child Rs.1,16,200/- per annum
- Sponsor a child's Life Skills Development Activities @ Rs 4,225/- per month or Rs 50,700/- per annum
- Sponsor a child's Therapeutic services @ Rs.3,800/- per month or Rs.45,600/- per annum
- Sponsor a child's Transportation @ Rs.1,660/- per month or Rs.19,900/- per annum

## Residential Facility

- Sponsorship of any activity of the project (Please refer Page No.8)
- Donation of any amount

## General Donation

- Make a donation of any amount
- **All donations are eligible for tax deduction under 80G of IT Act.**



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